



## Staying in Our Own Lane

Central California Region Nar-Anon Family Groups Convention  
In cooperation with Monterey Bay Convention of NA  
Saturday January 18, 2025

Join us for a Morning of Meetings on Recovery Tools at  
The Monterey Marriott in the Los Angeles Room  
350 Calle Principal Monterey, CA

- 9:30: *Strength with Slogans* Hosted by Circle of Hope
- 11:00: *Self Care for Serenity* Hosted by Serenity by the Sea

To be followed with an afternoon of Lunch, Fun, Fellowship and

### **Bowling at Monterey Lanes** from 1:00 to 3:30

2161 North Fremont Street Monterey CA

Please RSVP by Jan. 3 to save your spot \$25 to register

[Bowling Registration Form](#) (click blue link) or contact : [janetshing@gmail.com](mailto:janetshing@gmail.com)

831-595-0915 for more information

[Sign Up to help at Outreach Table](#) (click blue link) or contact

[Outreach@NarAnonCentralCa.org](mailto:Outreach@NarAnonCentralCa.org)

