



Nar-Anon European Convention

“Nar-Anon A Message of Hope for Families and Friends”

Saturday, August 12th, 2023

Program time zone is
CEST

FACE TO FACE SESSION (in ELTE Lágymányosi Campus, 1117, Budapest, HUNGARY)

10:00 - 11:00

Why do we come and what do we seek in Nar-Anon

11:00 - 12:00

Questions & Answers

12:00 - 14:00

Break

14:00 - 14:15

HYBRID SESSION

Serenity Prayer

Welcome

Twelve Steps / Twelve Traditions / Twelve Concepts of Service

Anonymity Statement

14:15 - 14:45

4S (Steps, Service, Slogans, Sponsorship)

Tim

USA

14:45 - 15:30

The Hope of Recovery

Mariko

JAPAN

15:30 - 16:15

This Too Shall Pass

Selin

TURKEY

16:15 - 17:15

Break

17:15 - 17:20

Serenity Prayer & Anonymity Statement

17:20 - 17:50

It works, When I Work

Alicia L.

USA

(My recovery is my responsibility)

17:50 - 18:35

3Cs (I didn't cause, I can't control/cure it)

Kasia

POLAND/USA

18:35 - 19:20

Gaining Hope Through Sponsorship

Ana Cecilia

MEXICO

19:30

Closing