



# Refresh Our Recovery

**The Central California Region's Narathon is Coming!**

**Saturday, August 24, 2024  
10:00 am Pacific Daylight Time**

Join us for a day of fellowship and recovery on the topics  
*Growth, Communication, and Service.*

10:00-10:10	<i>Greetings, Serenity Prayer, Readings</i>	<i>Mary O.</i>
10:10-10:55	Session 1: <i>Communication with World</i>	<i>Robert P.</i>
11:00-11:55	Session 2: <i>A Family Member Speaks</i>	<i>Darian</i>
12:00-12:30	Lunch Break	<i>Mary O.</i>
12:30-1:25	Session 3: <i>Diversity in Service</i>	<i>Beatriz B.</i>
1:30-2:25	Session 4: <i>Staying Connected</i>	<i>Michelle L.</i>
2:30-3:25	Session 5: <i>Attracting Newcomers</i>	<i>CCR Literature Subcommittee</i>
3:30-4:00	Final Wrap Up	<i>Mary O.</i>

To participate: Zoom 873 3966 3937 Password wrcnfg (lower case)

<https://us06web.zoom.us/j/87339663937?pwd=iRWUp21iO3aTaxD4.6Ib79evI8ynBsT.1>